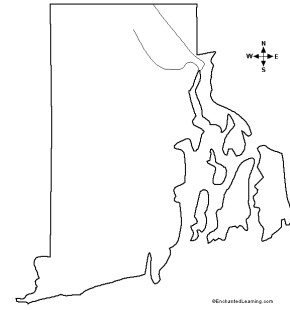




Helping Rhode Islanders



Lifespan Respite Training Opportunity!

WHO: Caregivers, Current and Potential Respite Providers and Individuals who have received direct care.

WHY: To learn or strengthen the required skills to deliver quality respite care in the paid and volunteer workforce working with individuals of all ages and special needs; and learn about the volunteer TimeBank respite exchange.

WHEN: November 10th and 17th and December 1st, 8th, and 15th
5:30 PM to 8:00 PM

WHERE: Parent Support Network of Rhode Island
1395 Atwood Avenue, Suite 114, Johnston, RI 02919
(Under the RED Awning on the left side of the building)

FREE OF CHARGE: There is no cost for this training. We will offer individuals who attend training an opportunity to take or renew their CPR and First Aid at a reduced rate.

ORIENTATIONS: 1 hour orientations will be offered to learn about this 5 session training at Parent Support Network on:

Monday, October 18 th	Time: 6:00-7:00 p.m.
Thursday, October 21 st	Time: 10:00-11:00 a.m.
Monday, October 25 th	Time: 6:00-7:00 p.m.
Wednesday, November 3 rd	Time: 10:00-11:00 a.m.

REGISTRATION: To register or for more Information contact Ellen Kreutler, Lifespan Respite Project Coordinator at 401-467-6855, ext. 307, e.kreutler@psnri.org

Please let us know if you need accommodations such as alternate formats or other access to the curriculum, food allergies or pet breaks.

What is a TimeBank?

***TimeBanks Weave Community
One Hour at a Time!***

For every hour you spend doing something for someone in your community, you earn one Time Dollar. Then you have a Time Dollar to spend on having someone do something for you. It's that simple. Yet it also has profound effects.

TimeBanks is changing neighborhoods and whole communities across the U.S. TimeBanking is working in 22 countries and six continents.

You can earn up to 20 Time Dollars by participating in the Training and Delivery of Lifespan Respite through the RI TimeBank Initiative.



***"We have what we need
if we use what we have."
~ Edgar Cahn***